



SERVICES & SUPPORTS

FOR YOUNG ADULTS WITH DEVELOPMENTAL DISABILITIES AND THEIR FAMILIES

Community Care Access Centres (CCACs): CCACs are local agencies that provide access to community-based health, long-term care home placement coordination and information & referral services.

Website: <http://healthcareathome.ca/>

Phone: 310-CCAC (2222)

Community Networks of Specialized Care (CNSC): CNSC are mandated to support people who have developmental disabilities and mental health needs and/or challenging behaviours (i.e. dual diagnosis) in the communities where they live. They have also in the past provided some support in cases where the young person has medical needs in addition to a developmental disability. There are four networks in Ontario and you can find the coordinator for your region on the website.

Website: <http://www.community-networks.ca/>

ConnectABILITY: A website and virtual community for people who have an intellectual disability, their families and support networks. This is a good resource for finding fee-for-service programs and support from other families.

Website: www.connectability.ca

Developmental Services Ontario (DSO): DSO helps adults with developmental disabilities connect to services and supports. To learn about eligibility criteria, find your local office and to learn more about specific programs and services, visit the DSO website.

Website: <http://www.dsontario.ca/>

Epilepsy Ontario: Epilepsy Ontario and affiliated local chapters provide information, counselling, support, and advocacy services to assist people with epilepsy to live independently, with dignity, as full participants in the community.

Website: www.epilepsyontario.org

Locate your regional office: <http://epilepsyontario.org/agency/?region=ontario>

Ontario Disability Support Program (ODSP): ODSP offers financial assistance with essential living expenses, benefits (including prescription drugs, dental services and vision care) and help finding and keeping a job.

Website: www.mcscs.gov.on.ca/en/mcscs/programs/social/odsp

Find your office: <http://www.officelocator.mcscs.gov.on.ca>

Respite Services: Provides information about local respite options via agencies funded by the Ministry of Community and Social Services and the Ministry of Children and Youth Services.

Website: www.respiteservices.com