## Are you a new parent?



# Do you know about infantile spasms?

#### Infantile spasms (IS) are:

- · quick, sudden limb movements
- seizures that begin in the first year of life
- commonly mistaken for startle reflexes or colic
- serious





If left untreated, children with IS may have intellectual and developmental disabilities later in life

#### How do you recognize IS?

- A combination of the following symptoms:
  - Arm raising and/or arm extension
  - · Wide-eyed blinks
  - Bending forward at the waist
  - Jerking of the mid-section
  - Developmental regression/arrest
  - Dropping movements of the head

### How are IS diagnosed and treated?

- EEG a non-invasive way to monitor brain activity
- · Anti-seizure drugs such as Vigabatrin or steroids



#### **KNOW THE SIGNS!**

For more information, go to the IS page at tsalliance.org

